Review Article

Role of estrogen receptors in cancer: a special emphasis on the therapeutic potential of estrogen receptor β

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ABSTRACT

Estrogen receptors are nuclear receptors that play a major role in both physiology and pathology. Estrogen receptor subtypes are currently divided into three groups: estrogen receptor alpha (ER α), estrogen receptor beta (ER β), and G protein-coupled estrogen receptor 1 (GPER1 or formerly known as GPR30 or GPRx, a membranebound receptor). Overexpression of ER α and GPER1 are known to contribute to cancer, with ER α playing the most important impact. On the other hand, it is commonly acknowledged that ER β inhibits ER α activity and has anti-cancer properties. As a result, the estrogen receptors ER α and ER β are the most investigated, with ER α being recognized therapeutically as a therapeutic target for breast cancer. Unlike ER α , which must be blocked, ER β is a target that has anti-cancer properties when activated. The potential anti-cancer efficacy of ER β has been demonstrated in several pre-clinical and clinical investigations. In this review, we summarize the potential role of ER β and ER β agonists in various cancers.

Keywords:

ERβ, Lung cancer, Breast cancer, Prostate cancer, Skin cancer, Endometrial cancer, Bone cancer, Brain cancer, Blood cancer

1. INTRODUCTION

The nuclear receptor subfamily 3 (NR3A) of ligandactivated transcription factors 1 includes estrogen receptors (ERs)¹. O'Malley et al., pioneered the work that established how ERs functioned as ligand-activated transcription in 2000². Estrogen receptor subtypes are currently divided into three groups: estrogen receptor alpha (ER α), estrogen receptor beta (ER β), and G-proteincoupled estrogen receptor (G-protein-coupled estrogen receptor) (GPER1 or formerly known as GPR30 or GPRx, a membrane bound receptor)³. ER α and ER β are weakly attached to the nucleus and may disperse into the cytoplasm before being translocated back into the nucleus when bound to ligands⁴. This occurs by passive diffusion through the 'ever opened' central channel of the nuclear pore or active transport that is mediated by interaction of the nuclear localization sequences (NLSs) on the ERs with the NLS receptor-hsp90 complex⁵. As a result of this, NRs can regulate gene expression directly and indirectly and they are considered as transcription factors (TFs)⁶. GPER1 is a membrane-bound receptor⁴ that cannot directly regulate gene expression but can do so indirectly by activating proteins that alter transcription factor activity⁶. These three ERs are found in distinct tissues and have varied functions, although having minor sex differences⁷ and they perform different functions. For example, GPER1 regulates human neutrophil functions⁸, and improves hippocampal synaptic transmission³ while ERa and ERβ govern reproduction, mammary and bone growth, metabolic, and brain functions⁹. When estrogens (estrone or E1, estradiol or E2, estriol or E3) bind to these receptors, they perform physiological tasks¹⁰. Estrogens, or sex steroid-related hormones, were discovered by a German chemist Adolf Butenandt and colleagues in the 1920s and 1930s¹¹. E1 and E3 are often considered weak estrogen and function via non-genomic signaling possibly via GPER1. While E2 is largely accepted to act via genomic signaling, i.e. via the activation of ER α and ER β^{10} . Thus, estrogen's physiological or pathological effects are mediated by these classic receptors, either directly or indirectly¹². Interestingly, depending on the balance activities of ER α and $ER\beta$ in target tissues/organs, estrogen action can either be stimulatory or inhibitory⁹. Overexpression of ERa,

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along with estrogen stimulation, can result in breast cancer, endometrial cancer, venous thromboembolism, and autoimmune disorders¹³. In fact, through ER α , E2 promotes cell proliferation and tumor development¹⁴. In clinical practice, ER α inhibition is used to treat breast cancer. ER α inhibitors for breast cancer, on the other hand, can cause endometrial cancer by acting as an ER α agonist in the uterus. As a result, several pieces of research have concentrated on activating the ER α isoform, ER β , to treat various types of cancer.

ER β regulates several biological activities such as regulation of male sexual behavior¹⁵, association and structural upkeep of the colon¹⁶, mediate estrogens stimulatory effects on proliferation of granulosa cell¹⁷, energy and glucose homeostasis¹⁸, brain development¹⁹, hierarchical social relationships²⁰, formation of multiple oocytes follicles (MOFs)²¹, regulation of placental function and social learning-related food preference during human and animal pregnancy²²⁻²³. ER β is also involved in pathological conditions such as muscle injuries, sarcopenia, and cachectic disease²⁴, delay in the onset of schizophrenia²⁵, global ischemia²⁶⁻²⁷, dental caries²⁸, cancer²⁹, Alzheimer's disease³⁰⁻³³, Parkinson's disease³²⁻³⁵, trauma³², acute bacterial meningitis³⁶, Leber's Hereditary Optic Neuropathy (LHON)³⁷, endometriosis³⁸, inflammatory bowel syndrome (IBS)³⁹. ER β also acts as a negative regulator of ER α under low levels of 17 β -Estradiol (E2)⁴⁰.

These activities of ER β may rely on the differential quantity of ER β homodimer and heterodimer framed upon incitement by specific ligands⁴¹. ER β heterodimerization with ER α prevents the ligand-induced transcriptional activity of ER α -ERE reporter gene⁴². Currently, the three classes of selective agonists of ER β identified namely ER β binder (ERbB-041): it binds 200-fold greater to ER β than ER α ; ER β activator (MF101, liquiritigenin, nyasol): these bind to both ER α and ER β in a similar pattern but cause gene activation only upon binding with ER β ; and ER β binder/activator (DPN): it has a greater binding affinity and transcriptional activity for ER β . These compounds could be used in the prophylaxis treatment of diseases related to menopause, such as breast cancer, hot flashes, and inflammatory disorders⁴³.

2. THE DEVELOPMENT OF ER β AGONISTS: FROM STRUCTURE TO MECHANISM OF ACTION

The development of ER β agonists and the elucidation of their mechanism of action have been focused on since the discovery of ER β in 1996⁴⁴. Naturally occurring compounds such as genistein show modest affinity for ER β with 10-40 folds selective for ER β when compared to ER α^{45} . Similarly, other natural compounds such as liquiritigenin⁴⁶, calycosin⁴⁷, silymarin⁴⁸, toosendanin⁴⁹, and icaritin show modest effects on ER β . These modest

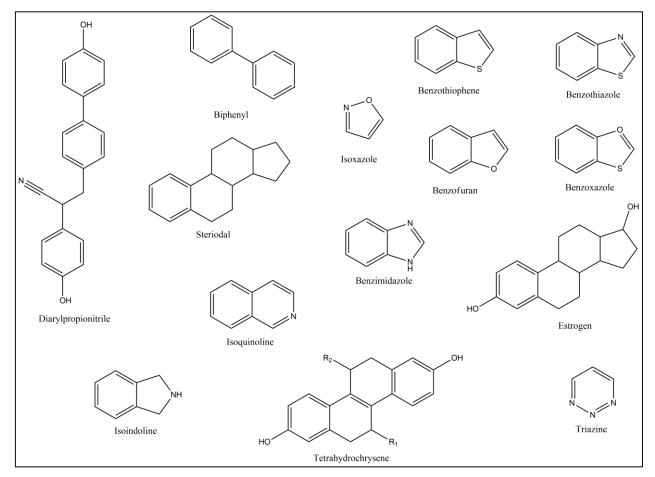


Figure 1. Examples of a few scaffolds that were employed for the design of $ER\beta$ agonists.

effects and selectivity of natural compounds are not enough to validate ER β as a therapeutic target. For this reason, researchers have shifted to structure-based design for the design and development of highly selective and potent ERβ agonist⁴⁵. The structure-based design focuses on the use of various scaffolds for enhancing ERB selectivity. These scaffolds include biphenyls, tetrahydrochrysenes (THC), diarylpropionitrile (DPN) analogs, arylbenzothiophenes, isoxazoles, benzothiazoles/benzoxazoles, benzofurans, benzimidazoles, triazines, isoquinolines/ isoindolines, steroidal, and phytoestrogen analogs⁴⁵, Figure 1. Particularly for benzoxazole and benzofuran, two strategies were adopted to obtain a highly selective $ER\beta$ agonist. The first strategy is the manipulation of the relative orientation by constraining the bond and dihedral angles. The second strategy focus on inserting an sp2 or sp3 hybridized linker between the functional group and the benzofuran/benzoxazole ring system⁴⁵. Other strategies for the development of ERB include the modification of the scaffolds that compromise ligand-protein interactions. For example, Bryan and colleagues show that amino acids such as arginine 394 (Arg 394), glutamine 353 (Glu 353), histidine 535 (His535) of ERa, and arginine 346 (Arg 346), glutamine 305 (Glu 305), histidine 475 (H475) of ER β are critical for the of development of ER β agonist. They demonstrated that ligands that compromised either interaction are expected to be an agonist for ER α or ER β^{50} . Similarly, targeting methionine 336 (Met 336) and isoleucine 373 (Ile 373) of ERβ, the amino acids that are substituted by leucine 384 (Leu384) and methionine 421 (Met 421) in ER α is another strategy for the development of ERß agonist. According to Wilkening and colleagues, ERß agonists have been shown to form a van der Waals contact and hydrophobic interaction with Met 336 and Ile 373 of ERß respectively. Whereas, these interactions with the Leu384 and Met 421 of ER α were not observed⁵¹. Examples of few ER β agonists that have been explored in cancer are listed in Table 1.

Table 1. Few examples of ER β agonists, their structure and mechanism of actions.

No	Name	Structure	Mechanism of action	Indication	Reference
1	LY500307		Induce the release of IL-1β by tumor cells	Lung cancer	52
2	BAG 1		Secretion of TNF-α and inhibition of tumor growth by activation of natural killer cells within tumor	Breast cancer	53
3	BAG 2	HN N	Secretion of TNF-α and inhibition of tumor growth by activation of natural killer cells within tumor	Breast cancer	53

Table 1. Few examples of ER β agonists, their structure and mechanism of actions. (cont.)

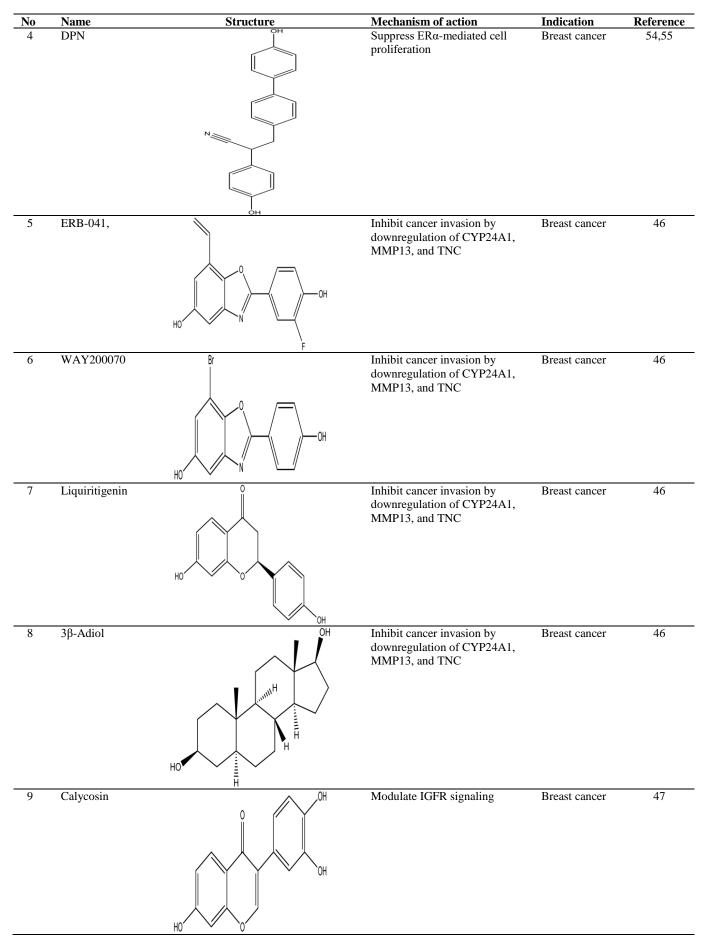


Table 1. Few examples of ER β agonists, their structure and mechanism of actions. (cont.)

No	Name	Structure	Mechanism of action	Indication	Reference
10	LY3201	F THE TRANSPORT	Inhibit AR signaling	Prostate cancer	44,56
		F OH			
11	3β-Adiol	OH UMH H H	Inhibit AR signaling	Prostate cancer	57
12	3β-Adiol		Activate FOXO3a/PUMA signaling	Prostate cancer	58
13	ERB-041,		Inhibit proinflammatory and Wnt/β-catenin signaling	Skin cancer	59,60
14	Silymarin		Inhibit Wnt/β-catenin signaling	Skin cancer	48
15	Liquiritigenin	HO' U O' U O'	Inhibit PI3K/AKT signalling Potential the anti-migratory/ anti-invasive effects of chemotherapeutic agents	Skin cancer	48
		HOOOH			

Table 1. Few examples of ER β agonists, their structure and mechanism of actions. (cont.)

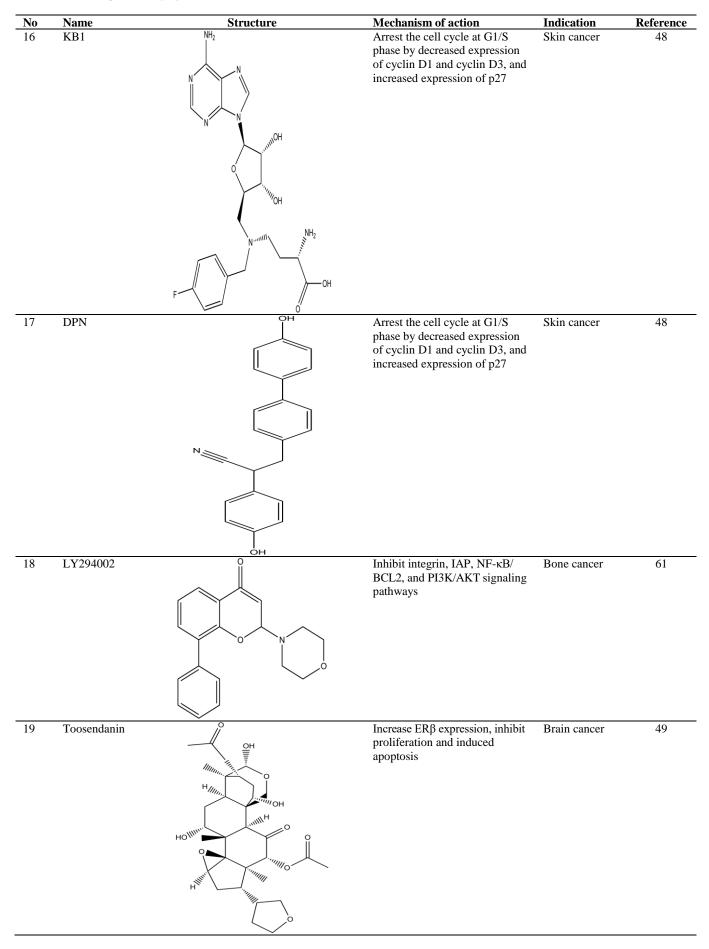


Table 1. Few examples of ER β agonists, their structure and mechanism of actions. (c	cont.)
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No	Name	Structure	Mechanism of action	Indication	Reference
20	Icaritin		Increase ERβ expression, inhibit proliferation and induced apoptosis	Brain cancer	61
21	LY500307	OH OH	Modulate apoptosis, cell cycle, and DNA damage. Sensitized cancer cells to chemotherapeutic agents	Brain cancer	62
22	DPN		Inhibit proliferation and induced apoptosis	Blood cancer	63

3. ROLE OF ER\$ AND ER\$ AGONIST IN CANCER

Cancer is the second leading cause of death globally. It is characterized by uncontrolled cell division, proliferation, invasion, and metastasis⁶⁴. It is contributed by several factors⁶⁵ such as sex hormones⁶⁶, estrobolome (gastrointestinal tract microbiome)⁶⁷, histone lysine demethylase KDM4B, an important epigenetic modifier ⁶⁸, lifestyle, and environmental factors. Of these, sex hormones, estrogens, and their receptors are the main contributors. In women, the predominant forms of estrogens depend on women's transitional period. For example, E1 predominates after menopause, E2 predominates in non-pregnant women before menopause, and E3 predominates during pregnancy. Estrogens exert a diverse biological effect and circulate in the blood as either free or protein-bound forms. Estrogens produced their biological effect upon binding to their receptors via reabsorption of its biologically significant proportion in the circulation. ~10%-15% of injectable E1, E2, and E3

are found in a conjugated form in feces, while ~65%, 48%, and 23% of injected radiolabelled E2, E1, and E3 are recovered in bile⁶⁷.

ER α and ER β are two vital receptors widely expressed in human cancer. However, their expressional status is determined by transcriptional factors and events such as epigenetic and post-translational modification⁶⁹. ERa is widely accepted to promote cancer progression and its role has been translated into clinical application, while $ER\beta$ is antiproliferative. According to recent research, therapy with the ER β agonist LY500307 prevents lungs metastasis via inducing the release of IL-1 β by tumor cells⁵². The loss of ER β expression may lead to cancer progression and other disorders, implying that ER β expression is favorable for cancer treatment⁷⁰. In line with this, breast cancer cell line studies show that $ER\beta$ loss results from hypermethylation of the promoter ON gene (CpG islands)^{53,71}. However, it was demonstrated by Margeret Warner et al., that ER β need not be expressed in cancer cell to mediate its activity, but rather

it could be expressed in other cells such as natural killer (NK) cells. This was confirmed by the activation of NK cells within the tumor, secretion of TNF- α , and inhibition of tumor growth when breast tumors were treated with ER β agonists, BAG 1 and BAG 2⁵³.

A study by Rocío Soldati et al., concluded that estrogen stimulatory or inhibitory effect in cancer is cell-context dependent and not ERs subtype-dependent effects⁷². Similarly, due to splice variations and conflicting data, some writers questioned ER β 's potential function in cancer. Some researchers found that ER β cx (ER β 2) variant expression is higher in breast and prostate cancer than ER β 1 (ER β). The authors also discovered that the ER β 2 variation inhibited ligand-dependent ER reportergene activation via heterodimerization⁵³. While others, such as in glioblastoma cells, found that ER β expression increased chemotherapy-induced DNA damage response and malignant death⁷³. The role of ER β and ER β agonists is depicted in Figure 2.

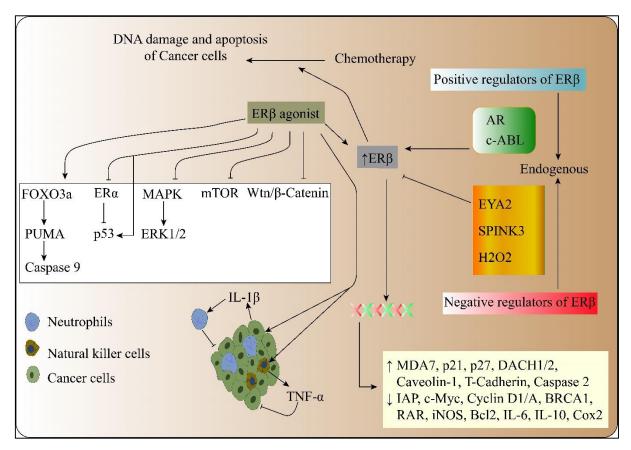


Figure 2. The potential mechanisms of ER β agonist in cancer. ER β agonist regulates a number of signaling pathways that are involve in halting and prevent cancer development. Furthermore, ER β agonist can activate natural killer (NK) cells within the tumor leading to secretion of TNF- α and halt cancer cells development. Additionally, ER β agonist helps in attraction of white blood cells, neutrophils, towards tumor microenvironment by releasing IL-1 β from the activated cancer cells. ER β agonist also act as sensitizer agent of cancer cells towards chemotherapeutic agents. Lastly, ER β agonist is also involve in the expression and repression of genes that associated with halting and accelerating cancer development. Endogenous regulator (positive) of ER β such as c-ABL activates ER β via phosphorylation at tyrosine 36.

3.1. Lung cancer

Lung cancer ranks number one in cancer-related mortality. It is contributed and aggravated by factors such as smoking habit and estrogens⁷⁴. Earlier study by Charles C. Canver et al., showed that ERs were abundance in lung tissue affecting with cancer only and not in normal lung tissue⁷⁵. However, other researchers found that ERs are also expressed in normal lungs but are gender specific. In this study, ER α mRNA expression was shown to be more common in women's lungs, although ER β frequency of expression was found to be comparable in men's and women's lungs. Consistently, the same pattern was observed in lung tumors, suggesting that women are at high risk of lung cancer due to higher circulating estrogen levels⁷⁶. Similarly, hormone replacement therapy (HRT) use has been linked to an increased incidence of lung cancer, while smoking habit exacerbating the mortality rate^{74,77}. In contrast, a population-based study of women (aged 18-74) from 488 patient cases and 498 controls found that postmenopausal women who took HRT had a lower risk of non-small cell lung cancer (NSCLC) in ER α and/or ER β positive patients⁷⁸. These intriguing results suggested the possibility that

early exposure of estrogen may promote lung cancer, but also protective in postmenopausal women with lung cancer; and that smoking may obstruct estrogen's protective effect in postmenopausal women, predisposing them to lung cancer risk⁷⁶.

Immunohistochemical of 132 resected NSCLC revealed that ER α expression (P=0.028) or ER β absence (P=0.037) was associated with a worse prognosis. While, $ER\alpha^+/ER\beta^-$ patients showed significantly worse prognosis when compared to ER α ⁻/ER β ⁻ patients. This suggests that the absence of ER β could be used as a marker for identifying high-risk NSCLC patients even at an early stage of the disease⁷⁹. Furthermore, the antagonistic blocking of cytoplasmic ER β (cER β) by fulvestrant may result in a better prognosis for nuclear ER β (nER β). While cytoplasmic co-expression of both ERs is linked to a poor prognosis in NSCLC⁸⁰ indicating the nongenomic action of ER α and ER β . Irrespective of the cytoplasmic and nuclear expression of ER β , LY500307, an ER β agonist has been reported to prevent lungs metastasis via inducing the release of IL-1 β by tumor cells⁵²

3.2. Breast cancer

Breast cancer is the world's second most frequent cancer. Sir George Beatson, a British surgeon, was the first to publish on endocrine therapy for breast cancer, claiming that oophorectomy could lead to tumor regression⁸¹. As a result of this study, the significance of estrogens and ERs in the development of female breast tissue and, eventually, breast cancer, has now been well documented. This was corroborated by studies that revealed female mice with ER deletion mammary gland tissue lost their ability to grow despite increased levels of E2. Similarly, female patients with aromatase deficiency showed no sign of breast development due to failure of conversion of C₁₉ steroids to estrogens⁸². In rodent mammary glands, $ER\beta$ expression varies during the conceiving (increased) and nursing period (decreased)⁸³. In adult human breast, ERß expression predominates in the mammary fibroblasts⁸⁴, benign and malignant breast ⁸⁵. ER β has also been found to be evenly distributed in all the four subtypes of breast cancer: luminal A, luminal B, HER2, and triple-negative breast cancer (TNBC)⁸⁶. ERs are known to play a contentious role in breast cancer; ER α is proliferative and ER β is antiproliferative in activity⁸⁷⁻⁸⁹. In line with this, ERαknockout mice's breast has been reported to be atrophic and the breast epithelium of ERβ-knockout mice is hyperproliferative and prone to severe cystic breast disease as they age. Further, suppression of proliferation and up-regulation of CDK inhibitors or tumor suppressor genes such as p21 and p27, downregulation of c-myc, cyclins D1 and A upon transfection of ER β and treatment of MCF-7 cells with ERB agonist have been reported⁸⁴. This anti-proliferative effect of ER β , in part, results from the phosphorylation of tyrosine kinase (Y36) by c-ABL tyrosine kinase. Conversely, this phosphorylation of ER β is dephosphorylated by the mammalian eye absent (EYE)-2 phosphatase, which is having oncogenic activity and promotes proliferation, migration, and invasion of breast cancer cells. The phosphorylation of Y36-specific ER β was found to be highly related to both disease-free survival (DFS) and overall survival (OS) in patients with stage II and III disease⁹⁰.

The antiproliferative effect of $ER\beta$ has also been reported in HC11 mouse mammary cell line using ERβselective agonist, diarylpropionitrile (DPN); Hs578T TNBC cell line, MCF7, and T47D engineered to express ER β . While this effect was not seen in cells expressing ER β 2⁵⁴. However, a retrospective study conducted on patients with ER β and ER β 2 expression found that tamoxifen-treated patients with ER_{β2} expression reported a poor DFS and OS. It has been suggested that $ER\beta 2$ is linked to tamoxifen resistance and that it could be used as a negative prognostic biomarker in tamoxifen-treated patients⁹¹. In contrast, results from systematic review and meta-analysis reported that $ER\beta$ expression in breast cancer patients (ERa negative) is associated with improved DFS and but not OS while those with $ER\beta 2$ expression are associated with DFS as well as OS. Whereas, in breast cancer patients with ERa positive, ER β expression has no impact on DFS and OS⁹². On the other hand, selective ER β agonists also serve as a potential agent in ductal breast cancer by preventing it from becoming more invasive93.

The expression of ER β in several breast cancer cell lines has been demonstrated by E.A Vladusic et al. The authors show that treatment with anti-estrogen agents such as 4-hydroxy-tamoxifen (4OH-Tam) and ICI-182, 720 abolished estrogen-induced ER β mRNA expression. However, the authors failed to report the effect of 4OH-Tam and ICI-182,720 on cell growth, proliferation, metastasis, and invasion when ERB mRNA expression was abolished⁹⁴. In another study, it was discovered that the loss of ER^β function and inactivation of p53 is linked to breast tumor initiation and progression⁹⁵. Apart from the anti-proliferative effect, $ER\beta$ also mediates apoptosis by indirectly antagonizing ERa. ERa has been reported to repress the transcriptional activities of p53, suggesting that this could be one mechanism of how ERa promotes cancer⁹⁶⁻⁹⁷. As a result, the inhibition activity of ER β on ERα would promote the transcriptional activity of p53, thereby arresting cancer development. ERB forms a direct complex with p53 and activates its transcriptional activities⁹⁶⁻⁹⁷. This report is consistent with other studies and results conducted on MC4-L2, MCF7, LoVo cell lines⁹⁸, T47D⁹⁹, and TNBC¹⁰⁰, demonstrating the antagonistic activity of ER β on ER α when there are low levels of endogenous E2⁴⁰. While other studies show that p53 defection activity in breast cancer, ERβ expression induction alone can damage and decrease the survival of cancer via BRCA1 downregulation and caspase-2 activation¹⁰¹. The increased expression of ER β particularly in ER⁺ breast cancer cells and its growth inhibition in breast cancer has also been reported as a result of androgen receptor (AR) activation. This effect was mediated via enhanced occupancy of RNA polymerase III and enhanced recruitment of AR to the AR element (ARE) site (TGTTCT motif) located at the -383 base pair of human ER β promoter region¹⁰².

The potential involvement of ER β in TNBC is still being debated¹⁰³. Jin wang et al. found that ER β overexpression was detected in 30.4 percent of tumor samples and was directly associated with a better OS, DFS, and distance metastasis-free survival (DMFS). Additionally, increased PTEN phosphorylation (pPTEN) and decreased AKT phosphorylation (pAKT) expression was reported in a clinical study involving 571 patients with invasive TNBC. Notably, the study suggests the possible mechanism of ERB-specific agonists via PTEN/PI3K/AKT signaling pathway activation¹⁰⁴. In addition to this, Song I et al., also reported the overexpression of mitochondrial $ER\beta$ (mitER β) that causes the inhibition of TNBC cells proliferation, and tumor masses¹⁰⁵ via suppression of CDK1/7¹⁰⁶. Also, Schüler-Toprak S et al. reported that ERβ agonists, ERB-041, WAY200070, Liquiritigenin, and 3-Adiol reduced TNBC cell invasion, but ERB knockdown by siRNA increased TNBC cell invasion by 3-fold⁴⁶. In contrast to this, a study by Nalo Hamilton et al., on the TNBC cell line and human TNBC specimen showed that insulin-like growth factor-2 (IGF-2) along with ERß significantly increased ERß protein level, thereby contributing to cell proliferation and disease progression. Additionally, increased VEGF, amphiregulin, Wnt-10b production, and other tumor-promoting substances were also related to the stimulatory action of ER β on cell growth¹⁰⁷. This was further supported by a significant surge in proliferation and migration when TNBC cells were treated with ER β agonist, DPN¹⁰⁸.

3.3. Prostate cancer

ER β is mainly localized in differentiated luminal epithelial cells of rat and murine prostate but expressed throughout the epithelium of urogenital sinus and stroma in early fetal development in humans. This expression is maintained in most epithelial and stromal cells throughout the gestation period. Gestational period, suggesting the involvement of ER β in cell differentiation and morphogenesis in the prostate. In adult men, dogs, monkeys, and rodents, ER α and ER β are primarily localized in basal and epithelial cells of the prostate^{44,109}. ER α mediates E2-induced squamous metaplasia is directly linked with epithelial and stromal expression in the periurethral ducts and peripheral prostatic acini. ER β expression in epithelial prostate has been suggested to play a multi-role such as pro-differentiation, antiproliferative, anti-inflammatory, and anti-oxidant genes inducer¹⁰⁹. In line with this, the loss of ER β expression in prostate cancer¹¹⁰ is associated with cell hyperplasia, fibroblastic lesions, and inflammation⁵⁶. Further, the loss of ER β expression could be due to overexpression of the SPINK3 (TATI) gene which is believed to be a negative regulator of $ER\beta^{53}$. From another point of view, it was hypothesized that ER^β down-regulation in prostate cancer occurred as a result of its oxidation by H₂O₂ due to tissue inflammation. The oxidation of ERB abolished its DNA binding and reduced E-cadherin expression¹¹¹. E-cadherin is considered a key component in suppressing tumors and functions as a calcium-dependent to hold epithelial cells together. E-cadherin maintain cell-cell adhesion, tissue integrity, prevent invasion and cell migration, and regulate and maintain epithelial cell morphogenesis and differentiation under intact and normal conditions¹¹²⁻¹¹³. Loss or decreased expression of E-cadherin characterized epithelial to mesenchymal transition (EMT) and is associated with epithelial cell phenotype loss as well as promotes cell motility, migration¹¹⁴, and metastasis in the case of prostate cancer¹¹⁵⁻¹¹⁶.

In prostate cancer, androgen ablation or androgen receptor (AR) inhibition is the key approach and the most effective treatment, since AR is the regulator of prostate cell proliferation. Genistein, a potent ERs agonist with a higher affinity for ER β rather than ER α , activate ERs and reduce AR in the LNCaP cell line originating from human prostate cancer. This positive effect of genistein was demonstrated in animal, clinical, and case-control trials⁸⁴ Similarly, a recent study found that treatment of an engineered AR-positive LNCaP cell line that expressed ERβ with the ER agonist, LY3201, reduced AR transcription, protein levels, and translational activity⁴⁴. Targeting ER β and treatment with ER β agonist in prostate cancer also promotes apoptosis, and/or differentiation as well as reduced tumor grade at the early stage of prostate cancer¹¹⁷. Additionally, ERß agonist up-regulated the nuclear tumor suppressor PTEN, DACH1/2, stromal caveolin-1, and T-cadherin, and decreased AR, retinoic acid receptor (RAR)-related orphan receptor c, iNOS, Bcl2 and IL-6⁵⁶. Similarly, the complex of ER β with 5 α androstane-3β, 17β-diol (3β-Adiol) (testosterone metabolite having estrogenic) helps in restraining epithelial growth of rodent prostate which is useful in the prevention and/or clinical management of hyperplasia and neoplasia of prostate cancer⁵⁷. The potential activity of 3β-Adiol in prostate cancer has been suggested to be a result of induction of cell apoptosis via ERB/FOXO3a/ PUMA signaling pathway⁵⁸.

3.4. Skin Cancer

Skin cancer is a malignant disease most commonly found in the Caucasian group and majorly caused by

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ultraviolet (UV)-light. It is mainly categorized into two types: malignant melanoma (MM) and non-malignant melanoma (the most common type). Non-malignant melanoma is further subdivided into basal cell carcinoma and squamous cell carcinoma. These two subtypes of non-malignant melanoma are together referred to as nonmelanocytic skin cancer (NMSC)¹¹⁸⁻¹¹⁹. MM occurred in less than 5% of all skin cancers but with a high capacity of lymphogenic and hematogenic spread. This metastasis of MM to lymph and blood is responsible for 75.2% of death¹²⁰.

p53, a transcriptional factor and a tumor suppressor protein that is often described and called the 'guardian of the genome'. p53 is one of the most vital regulatory proteins responsible for cell cycle regulation, cell apoptosis, and DNA repair of damaged cells. In skin cancer, mutations in p53 (80% of mutation frequency rate in almost all types of cancer)⁹⁸ occurred as a result of the UV-light effect. These mutations are characterized by a transition in Cytosine to thymine $(C \rightarrow T)$ as well as $CC \rightarrow TT$. The defect or mutations in p53 allows the damaged cells to resist apoptosis and pass through cell checkpoints, which ultimately leads to a positive selection of p53 mutant cell and clonal growth¹²¹. Since ER β has also been reported to be present in the epidermis, dermal fibroblast, blood vessels, and hair follicles; it is, therefore, the main mediator of estrogen in human skin and hair follicles¹²². ER β is also able to increase p53 transcriptional activity by antagonizing estrogen-mediated cytoplasmic translocation of p53. Thereby arresting cell growth and promoting apoptosis⁹⁸. Most importantly, because the skin is by far the largest target on which estrogen acts¹²³, targeting ER becomes an appealing target for skin cancer prevention and treatment. In a study on nonmelanoma skin cancer (NSC), treatment with Erb-041, a highly specific ER β -agonist cause inhibition of UV-light-induced skin cancer via the inhibition of proinflammatory signaling and EMT⁵⁹.

Another example of a cascade whereby modulation of ER β shows promising activity in skin cancer is the Wnt signaling pathway. Wnt is a family of cysteine-rich glycoproteins that play a vital role in cell development and cancer. Wnt pathway is mainly classified into three branches, these are the β -catenin pathway, which is a nucleus-activated target genes pathway; the planar cell polarity pathway, which is involved in the rearrangements of cytoskeletal; and jun N-terminal kinase (JNK) and the Wnt/Ca²⁺ pathways. The former one is also known as the canonical or Wnt/β -catenin dependent pathway and the latter two are known as non-canonical or Wnt/β-catenin independent pathway. Events of cell proliferation and differentiation, and the formation of organ systems such as lungs, kidneys, heart, bone, and skin are regulated by the canonical Wnt cascade. Thus, abnormal activation in this cascade is associated with several human pathologies such as cancers of the colon,

skin and breast, defects in skeletal, and human birth disorders such as spina bifida which is the most common human neural tube closure birth¹²⁴⁻¹²⁶. In the SKH-1 mice model UV-light-induced photocarcinogenesis, treatment with ER β agonist, Erb-041 shows a promising therapeutic effect by downregulating Wnt/β-catenin pathway leading to reduced tumor invasion and EMT. Additionally, Erb-041 also significantly recovered the loss of $ER\beta$ expression in squamous cell carcinoma and diminished the activity of myeloperoxidase, and cytokines levels (IL- 1β , IL-6, and IL-10). Erb-041 also decreased the activity of p-ERK1/2, p-p38, p-IkB, and expression of iNOS, COX-2, and nuclear NF-kBp65⁶⁰. Whereas, on the contrary, abnormal inactivation of this pathway is also associated with disease development such as disorders of hair growth and pigmentation, pathology of wound healing, bone disease, neurodegenerative diseases, and chronic obstructive pulmonary diseases (COPD)¹²⁷. In human melanoma cell lines (A375, BLM, WM115, and WM1552), ER β is the ER subtype reported to be expressed but not ER α . The antitumor activity of ER β agonists in these cell lines is a result of genomic and non-genomic effects. Genomic effects occurred as a result of ER β /ER β homo- or ER α /ER β hetero-dimerization. Whereas non-genomic effects are mediated by inhibition of MAPK/ERK and PI3K/Akt signaling pathway⁴⁸.

3.5. Endometrial cancer

Endometrial cancer is a type of cancer where a tumor is originating in the endometrium. It is a common gynecological tumor in developed countries which is associated with exposure to endogenous and exogenous estrogen. Other diseases such as diabetes, hypertension, and obesity act as the main risk factors¹²⁸. Endometrial cancer is reported to be ranked fourth as the most common cancer in women in the U.S after breast, lung, and colorectal cancers¹²⁹. Based on histological characteristics, hormone receptor expression and grade, endometrial cancer is classified into Type I (estrogen-related) and Type II (estrogen unrelated). While based on molecular and genomic features endometrial cancer has been further sub-classified into serous, carcinosarcoma, and clear cell carcinomas. In addition to this endometrial cancer has also been classified based on surgical and histological characteristics128,130.

The expression of ERs in endometrial adenocarcinomas¹³¹ is associated with and promoted by disease states such as diabetes¹³². The activity of ERs in developing endometrial cancer is also driven by gene polymorphisms ¹³³⁻¹³⁵. Nevertheless, the expression of ERs is associated with significant survival prognostic outcome¹³⁶ indicating the potential role of ERs as therapeutic targets. In comparison to ER α expression that promotes cell proliferation, siRNA-mediated ER β knockdown in two endometrial cancer cell lines, HEC-1A and RL95/2 caused

the upregulation of several proliferation-associated genes and oncogenes. Whereas, gene expression which is linked with differentiation, apoptosis, or growth inhibition is associated with the expression of ER β . This indicates the tumor suppressor activity of ER β in endometrial cancer¹³⁷ and its activation could be useful in preventing and halting endometrial cancer.

3.6. Bone cancer

Estrogen plays a critical role in bone remodeling and bone mass via ERa in males while both ERs are reported in males and females¹³⁸. Both ERs are predominantly expressed in the bone-remodeling cells, osteoblasts. While ERa's highest expression is reported in cortical bone (solid bone tissue) and $ER\beta$'s minor expression is observed in the bone-resorbing cells, osteoclast, and osteocytes of cancellous (spongy) bone¹³⁹. Microarray assay on U2OS osteosarcoma (cells that stably overexpressed ER α /ER β , or both) shows only 21% overlap in E2-regulated genes in U2OS-ERa and U2OS- ERB cell line, demonstrating that ERs functioned differently in osteoblast-like cells. Whereas, when ERs are coexpressed together, distinct sets of E2-regulated genes were observed¹⁴⁰. In estrogen-targeted tissues, growth factors such as IGF-1 that influence bone resorption⁹ and TGF- β that positively regulate type I collagen genes synthesis, increased osteoblast proliferation, and decreased osteoclastic activity were observed¹⁴¹. ERa is heavily involved in osteoporosis¹⁴² and its activation causes suppression and induction of apoptosis in osteoclast cells. Mechanistically, by i) osteoblast-induced Fas ligand (FasL) transcription, whereby further FasL cleavage from the cell surface is executed by matrix metallopeptidase-3 (MMP3), and the soluble FasL caused osteoclast apoptosis, ii) regulation of cytokine, receptor activator of NF-KB ligand (RANKL) which is essential for osteoclast differentiation, and decoy receptor (OPG) which inhibited RANKL pathway ratio¹⁴⁰. Whereas, treatment with ICI-182,780 (fulvestrant), an ERα antagonist was found to abolish OPG/RANKL production¹⁴³. The role of ERa in osteoporosis is demonstrated by ERaKO mice with a significant decrease in bone length and size, as well as in mineral density9. Thus, the overexpression of ERa may complicate the osteoclasts:osteoblasts ratio and increased bone cancer risk. While on the other hand, ER β activity may be inhibitory to ER α possibly because ER β contains a weak and repressor AF-1 domain, and has no contribution to bone cancer-related. This is evidence from a proximal tibial bone mineral density of ovariectomized rats which shows no sign of increasing upon treatment with ER β agonist, ERB-041¹⁴⁰. Further, ER β agonist, LY294002 shows an anti-tumor effect in osteosarcoma cells via the regulation of integrin, inhibition of apoptosis protein (IAP), NF-kB/BCL-2, and PI3k/Akt signaling pathway⁶¹.

3.7. Brain cancer

Glioblastoma (GBM) comprised of 16% of all primary brain and central nervous system neoplasms. Thus, it is often considered as the most common primary malignant brain tumor, arising mainly from glia cells but can also develop from other cells such as neural stem/progenitor cells. Currently, tumor-treating fields (TTFields), immunotherapy and drugs targeting molecular receptors are the promising approaches¹⁴⁴⁻¹⁴⁵. Based on pre-existing lesion, tumors of GBM are classified into primary and secondary GBMs. Primary GBMs accounts for 90-95% of GBMs and are common among elders (>50 years), while secondary GBMs accounts for 5-10% of GBMs and more common among young people¹⁴⁵.

In cancer, reduced T-cells or dysfunctional T-cells ¹⁴⁶ and immunosuppression¹⁴⁷ are together considered as an important factors for tumor growth which is also seen in GBM via induction of anti-inflammatory response upon pericytes activation¹⁴⁸⁻¹⁴⁹. Apart from these, differential expression of ER β and its splice variants have positively and negatively impacted on GBM progression. CRISPR-based ERβKO cells displayed high expression of two splice variants, namely ERB and ERB5. However, a contrasting role of these two were seen in the activation of mTOR signaling molecules, including p-mTOR, p-S6K, and pS6. The activation of molecules is decreased when ER β is expressed and enhanced when ER β 5 is expressed¹⁵⁰. In GBM cells the upregulation of ER β occurred upon activation, and along with this, the activation of functional p53 and other gene-related apoptosis that inhibited cell proliferation, cell migration and increased apoptosis is observed^{49,62,151}. Further, ER β expression enhanced the chemotherapy in cells- and GBM-mice model treated with temozolomide (TMZ) by downregulation of genes involved in recombination and repair of DNA⁷³.

3.8. Blood cancer

The early history of leukemia may be dated back to 200 years ago where physicians namely, John Hughes Bennett, Rudolf Virchow, Alfred Donné, and Alfred Velpeau are often considered as 'the one' who discovered leukemia¹⁵²⁻¹⁵³. Leukemia was majorly classified into myeloid neoplasms and lymphoid neoplasms¹⁵⁴, out of which the most common form of acute leukemia in adults is acute myeloid leukemia that accounts for ~21000/ annual of new diagnoses in the U.S¹⁵⁵. Notably, blood cancer such as chronic lymphatic leukemia is not considered as a sex-hormone related cancer. However, one study demonstrated that in male and female mice grafted with murine T-cell lymphoma cells, large tumors were seen in male when compared to females and upon ovariectomy, the difference was abolished⁶³ suggesting the role of estrogen. While other studies, suggests the incident rate of leukemia to be statistically significant between the age group of 1-4 years old¹⁵⁶ with boys showing more prone (4 times) to be diagnosed with B-precursor acute lymphocytic leukemia when compared to girls¹⁵⁷. These studies, suggests the gender risk of leukemia and role of sex-hormones such as of estrogen in the development of these diseases.

When compared to ER α , ER β expression is highly expressed in AML patient¹⁵⁵⁻¹⁵⁸. While ER β was also reported to be highly expressed in chronic lymphocytic leukemia along with ER^β2 which was stained in the nucleus and found specifically in B- but not T-lymphocytes¹⁵⁹. Similarly, in lymphoma, murine T-cell lymphoma cell EG7, and human B-cell Burkitt's lymphoma cells Raji and Ramo, ER β is the predominant ER to be expressed and associated with tumor growth inhibition 63,155 . Further, the role of ER β in leukemia is demonstrated in mice by disruption of the ESR2 gene which resulted in bone marrow hypercellularity and myeloproliferative neoplasm resembling chronic myeloid leukemia^{155,160}. On the other hand, these effects were attenuated by $ER\beta$ expression. Mechanistically, this occurs via the activation of erythroid transcription factor, also called GATAbinding factor 1 (GATA-1)¹⁵⁵. Additionally, ERβ activation reduces the proliferation and increased apoptosis in mice grafted with murine T-cell lymphoma⁶³.

Interestingly, a study by Vera Vanhentenrijk et al., pointed out the critical role of ER β in leukemia. In their study, where they have applied comparative expressed sequence hybridization (CESH) technique in 12 hairy cell leukemia cases, they reported several chromosome regions with altered expression. Out of their identified regions, one region, 14q22-q24, a region which corresponded with ER β gene region on the chromosome, was found to be significantly under expressed¹⁶¹.

4. CONCLUSION

ER β is a classical target that shows potential anticancer activity upon activation. In most cases of cancer, its expression is associated with beneficial effects and vice versa. So far, preliminary investigations of ER β agonists in cancer and other diseases have been reported with positive come. While some of these investigations have been carried out at the clinical level (NCT00962390) and some are under consideration. Hence, from a drug discovery point of view, further study on the identification of more potent ER β agonist, with better safety and efficacy is warranted.

Conflict of interest

None to declare.

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Emdormi and Divakar drafted the manuscript. Emdormi and Deepa collected the data and wrote the manuscript. Dhritiman helped with figures illustration. Divakar also contributed to proofreading the whole manuscript. All authors approved the final manuscript for submission and publication.

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