



PRE-ARRIVAL HANDBOOK

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WELCOME MESSAGE



M U S A I S

To ensure that all of our international students get the excellent experience that we aim for, Mahidol University has established the Student, Academic and International Services (MUSAIS) Office. The MUSAIS Office will provide you with the documents and information necessary to allow you to use all of the facilities available to our full time students, including gym and sports facilities, library and computer facilities, on campus Wi-Fi, and access to university events and museums.

You can also email or visit the MUSAIS Office to discuss any problems you might have, to ask for advice or assistance from our staff, or to request information about our facilities and services.

Team.

66 We cordially welcome you to Mahidol University. **??**



Location: Ground Floor, Mahidol Learning Center Email: musais@mahidol.ac.th

IMPORTANT THINGS TO DO WHEN YOU ARRIVE IN THAILAND

Below is a check list to help you have a smooth start to your student life in Thailand:

- Contact your family to let them know you have arrived safely.
- Settle into your accommodation and make sure you thoroughly understand the housing contract you have signed.

• Drop by the International Relations Office at the faculty/college/institute you have enrolled in to get updated on: your application status, course registration, class commencement, deadline for adding or dropping courses,

+ student ID, on-campus Wi-Fi password, insurance, and the contact number and email address of the International Relations Officers.

• Attend your orientation sessions (and excursion if available) to familiarize yourself with the new people and environment.

• Get a student buddy - some faculties/colleges have a buddy system to help new international students learn more about Thailand and Thai people from our local students.

• Learn more about Thai culture.

MUSAIS					
088 227 9567					
02 849 6230 - 33					
02 849 6235 - 36					

Contact Numbers

USEFUL CONTACT NUMBERS

Suvarnabhumi Airport www.airportthai.co.th	0 2132 1888				
BTS Skytrain www.bts.co.th	0 2617 6000				
MRT Subway www.bangkokmetro.co.th	0 2624 5200				
Bangkok Mass Transit Authority (BMTA) www.bmta.co.th	0 2246 0973 0 246 0741 - 4				
Chao Phraya Express Boat www.chaophrayaboat.co.th	0 2623 6001 - 3				
Howa Taxi Grab Taxi	0 2424 2222 0 2021 2500				
Emergency <u> </u>					
Emergency Police Line	191				
Tourist Police Center	02 134 0521 , 1155				
Tourism Authority of Thailand	1672 , 0 2250 5500				

A B O U T THAILAND

Introduction to Thailand

Thailand is a constitutional monarchy, headed by His Majesty King Maha Vajiralongkorn Bodindradebayavarangkun, the 10th king of the House of Chakri. In Thailand, the King is also the Head of State, Head of the Armed Forces, the Upholder of the Buddhist religion, and the Defender of all Faiths.





The red band symbolizes the Nation. The white band symbolizes Religion. The blue band symbolizes the Monarchy.



People

Total population 66,394,498 (as of June 2018).

Language

Thai is the national language. English is widely understood in Bangkok and other large cities but please speak slowly, especially when you are off campus.

Religion

Buddhists 94.6%, Muslims 4.6%, Christians 0.7%, others 0.1%

Government

Although currently our government is a military junta, the politics of Thailand are normally conducted within the framework of a constitutional monarchy, whereby the Prime Minister is the head of government and a hereditary monarch is the head of state. The judiciary is independent of the executive and the legislative branches.

Local time

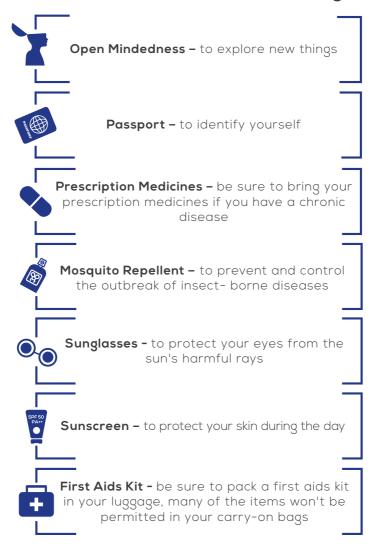
Thailand is in the GMT+7 time zone. Thailand does not use daylight savings at any point in the year.

Climate

Thailand can best be described as tropical and humid for the majority of the country during most of the year. The area of Thailand north of Bangkok has a climate determined by three seasons whilst the southern peninsular region of Thailand has only two.

PREPARATION BEFORE COMING TO THAILAND

Must – have Items to Bring



PREPARATION BEFORE COMING TO THAILAND

Health Information

Eat and drink safely

- Eat clean and cooked food.
- Wash your hands frequently.
- Fresh fruits and vegetables should always be washed in clean water.
- Be aware that most incidents of 'Traveler's Diarrhea' comes from street food including ice-cubes.

Prevent bug bites

- Wear appropriate protective clothing.
- Sleep in air-conditioned or screened rooms.
- Avoid scratching bug bites, and apply hydrocortisone cream or calamine lotion to reduce the itching.

Easy tips

- Carry a list of local doctors and hospitals at your destination.
- Review your health insurance plan.
- Carry a card that identifies your blood type, chronic conditions or serious allergies, and the generic names of any medications you take.

EAS

• Bring all the medication you think you might need but keep in mind that some prescription drugs may be illegal in other countries.

Source: Electronic Resources://en.wikipedia.org/wiki/Health_in_Thailand

PREPARATION BEFORE COMING TO THAILAND

Dress Code

Dress code for classroom/ meetings/ site visit/ temples/ palaces.

- No flip-flops, tank tops or shorts.
- Collared or T-shirt.
- Pants or skirt.

Dress code for outdoors activities

- You may be doing a lot of walking so please make sure that your clothing is appropriate and your shoes are comfortable.
- Pack an umbrella in case of bad weather.
- No open toed shoes for your safety.
- Hat and sunglasses.







Local calls

All landline telephone numbers for local calls and long distance calls within the country have 8 digits, but all mobile phones have 9 digits. All numbers start with 0 (zero).

- For Bangkok calls, it is 0 + 2 + numbers, e.g. 0 2250 5500.
- For provincial calls, it is 0 + area code + numbers, e.g. 0 34585 060.

International calls

- Mobile phones are widely available to buy anywhere in Thailand.
- The international dialing code for Thailand is 66.
- SIM Cards (mobile network operators: AIS, DTAC, and TRUE MOVE H) are available at 7-Eleven and mobile shops.



DOS &

Thailand Do's

• **Do respect all Images of Buddha**. Buddha images are sacred and sacrilegious acts are punishable by imprisonment even if committed by foreign visitors.

• **Do respect royal anthems.** For example, if you're at the cinema, before the movie starts, you'll be instructed to rise to respect the royal anthem, which is usually accompanied by a slideshow of pictures of King Rama X and his late father, Rama IX.

• Do avoid stepping on Thai money. It is actually illegal to step on any of the Thai currency. This is because, the King's face is printed and engraved on the Thai notes and coins.

• Do learn how to wai. It's a beautiful way to greet people, to say thank you or goodbye.

- Do eat with a spoon. Use the fork to load food on to the spoon.
- Do try and learn a few basic phrases in Thai, like 'hello' and 'thank you'.
- Do smile a lot.
- Do enjoy yourself. Thais like life to be fun.
- Do ensure that you have a visa if you need one.
- Do make sure you have adequate travel insurance.



DON'TS

Thailand Don'ts

• Don't show disrespect towards the Thai Royal Family.

• Don't cross your legs when you are in the presence of a monk.

• Don't touch a Thai woman without consent. Despite the image portrayed in some bars and clubs, the majority of Thai women are conservative.

• Don't be overly affectionate in public. This has changed in recent years and younger Thai couples can be seen holding hands, but snogging your boyfriend or girlfriend in the middle of the shopping mall won't win you too many friends.

• **Don't sunbathe nude**. This is offensive to most Thai people although nobody is likely to say anything to you if you do so.

• Don't touch a Thai person's head or rufe their hair. Apologize if you accidentally touch somebody's head. There are exceptions to this standard of behavior; for example, it doesn't apply to lovers in the privacy of their room.

• Don't place your feet on the table while sitting, don't point to anything with your feet and don't touch anybody with your feet.

• Don't raise your voice or lose your temper; try to be chill.

• Don't be offended by questions about age, marital status or what you do for a living. These are subjects that will often come up in small-talk. Of course, you don't have to answer (especially the question about age), you can just smile and just say it's a secret or 'mai bok' ('not telling').

• Don't take Buddha images out of the country. Strictly speaking it is against the law to take or send Buddha images out of the country unless special permission has been granted.

• Don't touch a monk. Women should never touch a Buddhist monk.

• Don't overstay your visa. Basically, you'll be fined 500 THB for each day you overstay, but you might also be detained in prison before you can go back to your home country.

COMMON THAI WORDS AND PHRASES

Thai is a tonal language that has 5 tones: low, falling, high, rising and flat. Before you learn any Thai words, you should know how to use "Ka" (for female) and "Krub" (for male). These words are added to the end of sentences to make them sound polite.

Good afternoon, Good night	-	sa-wat-dee
Hello (male speaker)	-	sawatdee krup
Hello (female speaker)	-	sawatdee kaa
Yes	-	chai
No	-	mai
Mr./Miss/Mrs.	-	khun
How are you?	-	sabai dee reu
Fine thanks	-	sabai dee
Thank you	-	kop koon
Never mind	-	mai pen rai
I can't speak Thai	-	phoot Thai mai dai
I don't understand	-	mai kao chai
Do you understand?	-	kao chai mai
May I take a photograph?	-	tai ruup dai mai
Where is the rest room?	-	hong nam yoo tee na
I am going to	-	chan-cha-pai
No, I won't go	-	chan-mai-pai
Please drive slowly	-	prot-khap-cha-cha
Be careful	-	ra-wang
Turn to the right	-	liao-khwa
Turn to the left	-	liao-sai
Drive straight on	-	khap-trong-pai
Slow down	-	cha-cha
Stop	-	yut
How much does this cost?	-	nee tao-rai
What is this?	-	nee arai
Very expensive	-	paeng maag
Any discount?	-	lot-ra-kha-dai-mai

Thai food is eaten with a fork and spoon. The spoon is used to put the food into your mouth. Ideally, eating Thai food is a communal affair involving two or more people, principally because the greater the number of diners, the greater the number of dishes ordered.

EATING & ORDERING THAI FOOD



The ideal Thai meal is a harmonious blend of spicy, salty, sweet and sour. A typical meal might include a clear soup, a steamed dish, a fried dish, a hot salad and a variety of sauces into which food is dipped. This would be followed by sweet desserts or fresh fruits.

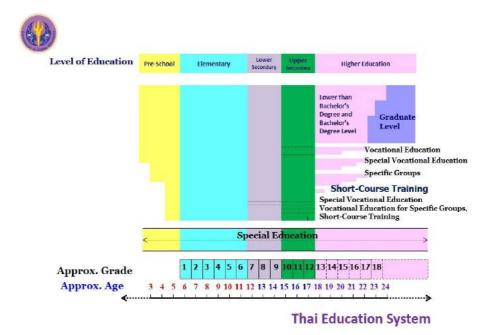


Popular Dishes

Gaeng mus-sa-man - Rich spicy curry with beef or chicken. Gaeng kari gai - Mild yellow curry with chicken. Gaeng khiaw waan - Spicy green curry with coconut milk and shrimp, chicken, or beef. Tom yam kung - Spicy soup with lime juice, lemon grass, mushroom and shrimp. Tom khaa gai - Soup with galangal root, chicken and coconut milk. Gaeng jeud - Chili free soup with vegetables and minced pork. Khao phat - Fried rice with shrimp, beef, pork or chicken. Khao man gai- Sliced boiled chicken over marinated rice. Khao na phet - Roast duck over rice. Khao niaw mamuang - Ripe mango with sticky rice in coconut cream. Kuay-tiaw nam - Soup with rice noodles, meat and vegetables. Kluay khaek - Fried banana. Laat naa - Rice noodles, meat and vegetables in a thick gravy. Phad siyu - Fried rice noodles with meat and vegetables Phad thai - Stir-fried rice noodle dish commonly served as a street food and at most restaurants in Thailand. Sang kha-yaa maphraow - Coconut custard.

THAI EDUCATION SYSTEM





SOURCE : Office of the Higher Education Commission





- •6 Colleges
- 17 Faculties
- 8 Research Institutes
- 5 University Hospitals
- 2 Dental Hospitals
- 2 Animal Hospitals

Introduction to Mahidol University



Mahidol University's origins date back over 120 years to the creation of a medical school at Thailand's first hospital – Siriraj Hospital. Following many years of expansion, including the opening of a second Bangkok campus, it became the University of Medical Sciences in 1943. Later, in 1969, it was renamed Mahidol University by H.M. King Bhumibol Adulyadej, King Rama IX in memory of his father, H.R.H Prince Mahidol of Songkla, who is widely regarded as the "Father of Modern Medicine and Public Health in Thailand". He is also recognized as Thailand's "Father of Higher Education".

Mahidol University has continued to grow and diversify in to the multi-disciplinary institution it is today. Mahidol University currently encompasses a variety of fields including Science, Medicine, Engineering, Management, Nutrition, Religious Studies, Social Sciences, and Music. It is also home to Ratchasuda College – which provides opportunities for the education and training of persons with disabilities. In Addition, the University is the lead institution in 3 out of 9 National Centers of Excellence based at its Faculty of Science. In 2009, the University became one of Thailand's nine National Research Universities.

Mahidol University has always adopted an environmentally-friendly philosophy to its development with the vision "A promised place to live and learn with nature". In recognition of its green policies, the university was recently declared No. 1 in Thailand, No.11 in Asia in the Green Metric Ranking of World Universities 2017 by the Universitas Indonesia.

Life at Mahidol University

A single international student should expect to pay approximately 12,000 – 20,000 THB per month (around US\$ 400-650) to cover their living expenses. The amount spent on entertainment and social pursuits can vary with a student's interests and budget. Students should also expect to pay a minimum of 15,000 THB (around US\$ 500) to cover general establishment costs (security deposits, advance rents, basic furniture items, telephone, etc.).



Items	Approximate Costs			
	In THB	In US\$		
Housing	4,500 - 12,000	150-400		
Electricity and water supply	600 - 1,200	20 - 40		
Meals (per month)	4,500 - 6000	150 - 200		
Transportation	750 - 900	25 - 30		
Books & supplies	900 - 1,500	30 - 50		
Photocopies	300	10		
Communication	600	20		
Personal daily needs (per month)	600	20		
Hair cut	150 - 300	5 - 10		
Cinema ticket	140 - 200	4.5 - 6.5		

Facilities



Central Library



0 2800 2680 ext. 4225, 4264

Mon – Fri 8 a.m. – 7 p.m. Sat 9 a.m. – 5 p.m.



Sport & Recreation



0 2441 4296 ext. 101 08 9916 7793

The service charge rate for non-members is 350 baht/time The **Central Library** is the hub of the Mahidol University Library and Knowledge network. It contains an extensive collection of 257,803 books, 1,051 printed journals, 32,351 electronic journals, 77,253 electronic books and 100s of computer terminals, multimedia viewing equipment, a recording studio and state-of-the-art computer access to a wide range of domestic and international indexes and databases.

The **College of Sports Science and Technology** provides sports facilities and services for all Mahidol staff/faculties, students and club members. All facilities include the following:

- Sports Medicine Clinic
- Tennis courts
- Fitness and weight training
- Exercise classes i.e. aero boxing, yoga, and Pilates
- Fitness room
- Swimming pools
- Sauna

Major Infrastructure

Mahidol Learning Center (MLC)

"MUSAIS"

The MUSAIS Office provides short-term foreign students with the documents and information necessary to allow you to use all of the facilities available to our full time students. Please feel free to visit us on ground floor, MLC Building if you need any assistances.

"Mahidol University Archives"

The Prince Father's Biography Hall The exhibition features the Prince Father's biography and important objects relating to the Prince Father who is regarded as role model and soul of Mahidol Community.

"Mahidol University Hall of Fame"

The focus is on the history and development of Mahidol University from past to present including achievements by members of Mahidol Community for the benefits of the society. "The Harmony" shop is located at the Mahidol Learning Center (MLC). In addition to university souvenirs, this store also sells textbooks and school supplies.

The main cafeteria at Mahidol Learning Center (MLC) offers a large selection of Thai rice and noodle dishes for 30 – 50 Baht and drinks for 7 - 40 Baht (*card coupons required to buy food).

Family Mart, where you can find many types of food, snacks and other essentials you may need, is also located in the same building.

True Lab (in cooperation with True Corporation Public Company Limited) is located on 2nd floor of MLC Building. It is divided in 4 zones: Private Office /Meeting Room/Auditorium/True Coffee & Lounge.





Activities









The Thailand Philharmonic Orchestra (TPO): performs regularly at the Prince Mahidol Hall on Friday evenings and Saturday afternoons. Admission is free for Mahidol University students, just show your Student ID at the ticket office.

Siri Ruckhachati Nature Park

More than 800 species of medicinal plants are growing up in a 15-acre peaceful garden. It is divided into 3 zones: 1.) Plant nursery area of 480 sqm, 2.) The 5-acre of public park covering with green grass and decorated with varieties of common used medicinal plants and the largest area of the garden and 3.) About 10 acres, comprises of many medicinal plants species collected from different parts of Thailand and freely growing up as in their native environments.

Mahidol University International Night:

is an annual celebration of Mahidol University's international community. It includes a wide-range of activities designed to allow Thai and international students and faculty the chance to meet in a fun and social atmosphere and share their experiences.

Sawasdee Buddy Program: As a new international student, you will be matched with a current Mahidol University student who can serve as a cultural bridge and provide guidance during your transition.

MU Health Care Units

1. Health Care Unit at Salaya

Located on the 1st floor, Mahidol Learning Center (MLC)



Tel: 02-8494529-30



Doctors : 12.00-13.00 hrs. / 15.00-16.00 hrs. Nurses : 08.30-16.30 hrs.

2. Student Health Care Unit at the Faculty of Medicine, Siriraj Hospital Located on the 4th floor, room 436, at the Outpatient Department (OPD)



Tel: 02-4197389, 02-4197000 to 7389

Doctors: 12.00-13.00 hrs. Nurses: 08.30-16.00 hrs.

In case of emergency, you can have treatment at room 104, OPD Building on the 1st oor, by showing your student identication card to the doctor on duty.

3. Student Health Care Unit at the Faculty of Medicine Ramathibodi Hospital

Located on the 1st Floor, Emergency Building



Tel: 02-2011696, 02-2912981



C Office hours: 07.00 - 16.00 hrs.

4. Student Health Care Unit at the Faculty of Tropical Medicine

Located at the Outpatient Department (OPD), Tropical Medicine Building

Tel: 02-3069100 to 1414



Office hours: 08.00 - 16.00 hrs

5. Student Health Care Unit at the Faculty of Science

Located on the 1st floor, New Biological Building



Tel: 02-2015000 to 5203

Doctors: 08.00-09.00 hrs. / 12.00-13.30 hrs. Office hours: 08.00-16.00 hrs.

6. Student Health Care Unit at the Faculty of Pharmacy

Located on the 1st floor, the Thepparat Building,

Tel: 02-6448677-91 to 1103, 02-2474696

Doctors: 12.00–13.00 hrs.

7. Golden Jubilee Medical Center, Siriraj Hospital

Student will be transferred (in case of serious illness) from Student Health Care Unit, Salaya to Golden Jubilee Medical Center.

Remark: Please show student ID card, health insurance card, and your health record when you contact Siriraj or Ramathibodi Hospital, the Hospital for Tropical Diseases and the Golden Jubilee Medical Center.



TRANSPORTATION

Public Transportation

Transportation options in Bangkok include buses, taxis, trains, tuk-tuks, river ferries, the BTS Sky train monorail system, motorcycle taxis, vans and the subway. Although road traffic is often heavy, transportation is easy to find and inexpensive.



Airport Rail Link – SA City Line : Phyathai Station to Suvarnabhumi Station which stops at 6 stations along the way. (6.00 am to midnight daily.) http://airportraillink.railway.co.th/th/

(MRT) Subway



The Bangkok subway runs from the city's main railway station, Hua Lamphong, under two major thoroughfares, Rama 4 Road and Ratchadaphisek Road. The route is 20 kilometers long with 18 stations and three interchange stations that connect to the Sky train. (6.00 am to midnight daily.) *www.bangkokmetro.co.th*





The Bangkok Mass Transit System, commonly known as the BTS or the Skytrain. The system consists of 35 stations along two lines: the Sukhumvit Line running northwards and eastwards, terminating at Mo Chit and Samrong respectively, and the Silom Line which serves Silom and Sathon Roads, the central business district of Bangkok, terminating at National Stadium and Bang Wa. The lines interchange at Siam Station and have a combined route length of 38.7 kilometers (24.0 mi).www.bangkokmetro.co.th



Service is provided at public transportation center and pick up and send passengers at platform of arrival terminal *1st oor, gates 1 and 8.*

Van No. 551 Suvarnabhumi Airport – Victory Monument (05.00 - 10.00 hrs.) (THB 40.-Throughout the route) Departure every 20 minutes

Tuk-Tuks



Thailand's famous tuk-tuks are a unique form of 3-wheeled transportation with a metal cage seating 2-3 persons built around a motorcycle-like front end. Be sure to agree on a (negotiable) fare with the driver before setting off.

Motorcycle Taxis



River Ferries

Motorcycle taxis cost approximately the same as tuk-tuks and are generally used for short distances in areas without heavy traffic, such as a long "*Soi*" (in Thai: BOE) or lane, off a larger avenue. Drivers wear distinctive colored vests and congregate at key intersections.

The Express River Ferry travels the Chao Phraya River from Wat Ratsingkhon in the south to Pakkred, Nonthaburi in the north. Tickets cost 15-30 Baht depending on distance (for local line boats. The boats, colored white with an orange stripe along the side, run regularly from 6.00 am - 8.00 pm.

During rush hours, express boats, which only stop at main piers, are also available for a slightly higher fare. Three-baht ferries also regularly cross the Chao Phraya River from many piers. Free maps of routes and pier locations are available at most main piers. The "Sathorn (Taksin) Pier" conveniently connects to BTS Sky Train Station at "Saphan Taksin". www.chaophrayaexpressboat.com



LOCAL LINE (NO FLAG) Route : Nonthaburi (N30) -Wat Rajangkom (S3) Operation : Monday - Friday Morning Service 15.00 - 17.30 hrs. Afternoon Service 15.00 - 17.30 hrs. Fares : 10 / 12 / 14 Baht (Depends on distance)



CRANGE FLAG BOAT Route : Nonthaburi (N30) -Wat Rajsingkorn (S3) Operation : Everyday 06.00 - 19.00 hrs. Fares : 15 Baht



GREEN FLAG BOAT Route : Pakkred (N3) -Nonthaburi (N30) - Sathorn (Centre) Operation : Monday - Friday Morning Service 06.15 - 08.10 hrs. Attemoon Service 15.30 - 18.05 hrs. Fares : 13 / 20 / 32 Beht (Operadi son distance)

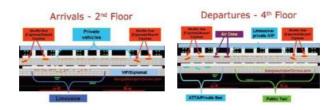


YELLOW FLAG BOAT Route : Nonthaburi (N30) -Sathom (Chrife) - Ratburana (S4) Operation : Monday - Friday Morning Service 0.15 - 0.8.0 hrs. Aftenoon Service 15.30 - 20.00 hrs. Fares : 20 / 29 Baht (Depends on distance)

TRANSPORTATION

How to get to MU from Suvarnabhumi International Airport





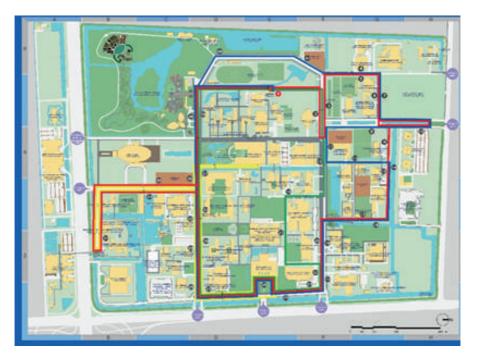
To get to Phayathai Campus, take the Airport Rail link to Phayathai Station, then take the Sky train to Victory Monument Station and take the bus no.44/508/92 to reach Faculty of Science.

To get to Salaya Campus, take the Airport Rail link to Phayathai Station, then take the Sky train to Victory Monument Station and take the bus no. 515.



MU TRANSPORTATION

Tram Services at Salaya Campus



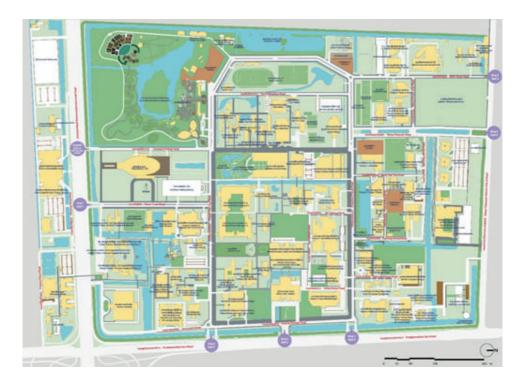
We operate a free tram service to help you get around campus. There are 4 routes: Yellow, Green, Blue and Red, operating Monday – Friday from 06.30 - 20.00 hrs., and at the weekends from 08.20 - 18.00 hrs.

Please visit the link or scan QR code to see all the routes.



MAHIDOL UNIVERSITY, SALAYA CAMPUS MAP







Salaya Link

The Salaya Link is a shuttle bus service from Salaya campus to "Bang Wa" BTS station. The fare for a one way trip is 30 baht per person. At the Salaya campus, the Salaya link bus leaves from the College of Music.



Shuttle Bus Service

Mahidol Shuttle Bus service between the campuses is available for staff and students free of charge. It departs from Salaya Campus in front of the Office of the President.

Salaya - Poculty of Science, Phayathai		Soloya – Faculty of Science, Phayathai		Salaya - Siriraj		Siriroj - Salaya		Salaya - Golden Jubilee Medical Center	
Departure Time	Bus No.	Deporture Time	Bus No.	Departure Time	Bus No.	Departure Time	Bus No.	Departure Time	Bus No.
5.45	15	6,40	9	6.00	8	7,15	5	6.45	41-3552
6.10	7	7.00	4	6.15	2	7.30	8	7.15	41-3552
7.00	3	7.15	7	9.30	1	7.45	6	7.45	41-3552
6.30	5	7.30	1	10.00	8	10.30	5	8.20	41-3552
9.00	9	8.00	2	11.00	2	11.30	8	11.45	41-3552
10.00	6	8.30	a	13.10	8	12.45	6	12.35	41-3552
11.00	3	11.00	1	15.35	3	13.30	4	16.00	41-3552
11.30	7	12.00	э	16.45	8	14.00	8	16.45	41-3552
12.00	4	12.30	2	17.35	4	16.35	3	17:45	41-3552
13.00	5	13.00	7			17.15	6		
14.30	6	13.35	9			17,45	8 3		
15.05	E.	15.15	5	1		18.00	3:		
15.30	4	15.45	6				~	J	
16.05	2	16:35	4						
16.15	1	17.15	7						
16.35	5	18.35	3						
16.45	9								
17.05	6								
17.35	3								

Money and Banking

Currency

The basic monetary unit in Thailand is the Thai Baht. A Baht is divided into 100 Satang. The following coins and notes are currently in use:

Coins: 25 and 50 satang and 1, 2, 5, 10 Baht Banknotes: Baht

20 (green),

50 (blue),

100 (red),

500 (purple) and

1,000 [grey and brown (beige)]

Banking hours

8.30 - 16.00 hrs. , Monday to Friday.

Banks located in department stores are open daily from 11.00 – 19.30 hrs. Automated Teller Machines (ATMs) can be found on or near the three campuses.

The effective limit of a single ATM withdrawal is 20,000 THB (around US\$ 670).

Location of Banks and ATMs on Campus

Salaya Campus: Siam Commercial Bank and Bangkok Bank

Phayathai Campus: Siam Commercial Bank (at Ramathibodi Hospital, Rama VI Road; Rajavithi Hospital on Rajavithi Road; and Victory Monument), Krung Thai Bank (the Government Pharmaceutical Organization Building, Rama VI Road); Thai Military Bank (Rajavithi road, Victory Monument): Bangkok Bank (Phayathai road);

Opening a Bank Account

It is recommended that you open a bank account in order to facilitate the processing of everyday transactions/payments and keep your money safe. Showing your passport is required to open an account. Be sure to get a bank book for keeping a record of your transactions, and a bank card so that you can use ATMs.



Shopping



Tesco Lotus Salaya Open: 8:00 a.m. – 11:00 p.m. Tel: (034) 100-230-50



Central Plaza Salaya Department Store Mon-Thu: 11:00 a.m. – 09:30 p.m. Fri: 11:00 a.m. – 10:00 p.m. Sat: 10:00 a.m. – 10:00 p.m. Sun: 10:00 a.m. - 09:30 p.m. Tel: (02) 473-8999



Salaya Fresh Market Open: 11:00 a.m. – 09:00 p.m. Mon-Sun



Eating



Herb Garden Restaurant at Mahidol University International College (MUIC) is known to be the perfect destination for the finest organic salads and healthy a la carte dishes.



At **Music Square Restaurant**, the College of Music, you will find different fantastic dishes with good music and a wonderful atmosphere.



Brew & Bev at MUIC is a medium-size cozy coffee shop and restaurant operated by MUIC students.

Postal Service

The Thailand postal service is efficient and reliable with branches in most major towns throughout the Kingdom. Thailand post offices are open Monday - Friday 08.00-16.30 hrs. and Saturday and Sunday 09.00-13.00 hrs. However, The Central GPO in Bangkok, located on New Road, is open until 18.00 hrs. on Monday -Friday and Saturday and Sunday 09.00-13.00 hrs. All Thai post offices are closed on public holidays, though most major hotels can arrange to mail letters and parcels on your behalf. In addition to domestic and international mail services, both land and air, standard and registered services are available.





Phayathai Campus: Two post offices are located near Phayathai Campus: one is close to the Faculty of Public Health, and another one is near Rajvithi Hospital on Rajvithi Road.

Salaya Campus: There is a Kerry express, a private post office, is located in front of the entrance gate no.3, Salaya campus. The services include mailing letters, postcards, and packages locally and internationally, boxes and envelopes are also sold here.



NOTE

HANDBOOK

NOTE

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P R E - A R R I V A L H A N D B O O K	

PRE-ARRIVAL **HANDBOOK**